

# HOW WE WORK

The Family Empowerment Center (FEC) is a community-based service provided by Plumas Rural Services, a non-profit agency.

FEC offers FREE services to families of children with disabilities. Services are support through funding from the California Department of Education. Services can be stand-alone or coordinated with Far Northern Regional Center, school districts, and other community service providers.

FEC services address preschool and school concerns and transitioning from school to adulthood.

This program also works to connect parents and families facing similar challenges to promote social interaction, engagement, and support.

Plumas Rural Services' Family Empowerment Center program is an equal opportunity service provider and does not discriminate against clients or volunteers on the basis of race, color, religious creed, ancestry, national origin, age, sex (including pregnancy, childbirth or related medical conditions), marital status, sexual orientation, medical condition or disability.

## Serving Lassen, Modoc, Plumas & Sierra Counties



### Lassen & Modoc Counties

Mandy Smith

(530) 708-2557

[asmith@PlumasRuralServices.org](mailto:asmith@PlumasRuralServices.org)

### Plumas & Sierra Counties

Cheyenne Tiradeau

(530) 283-2735, ext. 880

[ctiradeau@PlumasRuralServices.org](mailto:ctiradeau@PlumasRuralServices.org)

Fax: (530) 283-3647

Updated 03/2021



## FAMILY EMPOWERMENT CENTER



[www.PlumasRuralServices.org](http://www.PlumasRuralServices.org)

# WELCOME

Family Empowerment Center provides information, training, support and advocacy to parents and guardians of children and young adults with ANY disability. As the parent, guardian or family member of a child or young adult with a disability, you are that child's most important advocate.



You know your child best. We can help you with the rest.

Disabilities can include any special needs or challenges, including:

- Physical
- Developmental
- Emotional
- Learning
- Behavioral



# OUR SERVICES

Our Family Empowerment Center offers the following:

- Information on your child's disability
- Advocating for your child with their Individual Education Plan (IEP), 504 Plan or Student Study Team (SST) process
- Connecting families with similar challenges
- IEP Clinics
- Homework strategies
- Resource & referral
- Lending library of resources & books

We serve children 3-22 in Lassen, Modoc, Plumas and Sierra Counties.

# OUR GOALS

- Help families pursue free and appropriate education (FAPE), support, modifications, accommodations, and services for their child or young adult with disabilities.
- Work collaboratively with schools and community-based organizations
- Assist parents with understanding their child's disabilities as well as their educational and developmental needs
- Advocate for parents & caregivers in their communication with schools and community programs
- Assist parents & caregivers in obtaining information and participating in school reform activities

