

# ALIVE 283-0111

## INDEPENDENT LIVING SKILLS

One-on-one support for those who live independently including:

- Cooking & cleaning
- Money management
- Home safety
- Relationships & sex education

## DAY SERVICE

Community integration skills and educational classes in a group setting either at our site or in the community.

- Self-Advocacy
- Housing search
- Volunteer activities
- Recreational outings
- Health & exercise programs
- Bike & pedestrian safety
- Public Transit
- Community access & trips to the library, post office, banks, college, local stores

## VOCATIONAL SERVICE

For those who want to be employed in the community.

- Job interest/skills assessment
- Applying for jobs
- On-the-job training
- Continued support
- Job skills/self employment

## ALIVE EMPLOYMENT SERVICE

Business success means having reliable, dedicated employees. ALIVE's employment service offers the type of employees businesses need.

ALIVE provides training and support for future employees.

- **THE RIGHT EMPLOYEE FOR THE JOB**  
ALIVE conducts a Job Site Analysis to match potential employee talents with employer needs.
- **JOB TRAINING**  
Staff work with employers to develop a successful training program.
- **CONTINUED SUPPORT**  
Our staff is a resource for both the employer and employee.

Our employment service provides hard working, dedicated workers. Employers experience low employee turnover. Workers with disabilities have above average safety records.

ALIVE consumers are currently working for American Valley Aviation, Family Court Services, Champions Pizza, Camp Lots of Fun, Pizza Factory, Plumas Rural Services, Plumas Assn of Realtors and Safeway.



ALIVE Community Recycling Service



# ALIVE

## In PLUMAS COUNTY



**Everyone has the right to live,  
work and recreate in their  
community**

**ALIVE is committed to helping  
people with developmental  
disabilities live productive  
and enriching lives.**

**530-283-0111**

**alive@plumasruralservices.org**

Adults for ...  
Learning & growing  
Integration in community  
Vocations of choice  
Enthusiasm for life

## What will I do in ALIVE?

ALIVE offers a full week of fun and enriching activities including classes on cooking, art, computers and reading skills.

ALIVE sponsors trips for bowling, fishing, picnics, health club activities, community exploration and much more. We meet with other programs and ALIVE hosts an annual dance.

You will learn to speak for yourself through our self-advocacy support group meetings. You have choices and can take charge of what you want to do.

All of our activities are voluntary.



*ALIVE Employment Service at Work*

## Where will I live?

You may want to live independently or with your parents/guardians.

ALIVE can assist you in finding affordable housing. You will learn to live on your own and how to make your home safe and comfortable.



*ALIVE Art Exhibit at Epilog Books*



*ALIVE Cooking Class*

## Am I eligible?

You can join ALIVE if you are 18 years or older and you have a developmental disability or other special needs.

## Will I get a job?

ALIVE will help you get the skills you need to apply for jobs. We will assist you to find transportation to your job and will work to help you succeed.

## How do I join ALIVE?

Call Plumas Rural Services at 283-0111.

Potential consumers are screened by Far Northern Regional Center which is a nonprofit agency that assists people with developmental disabilities and their families.