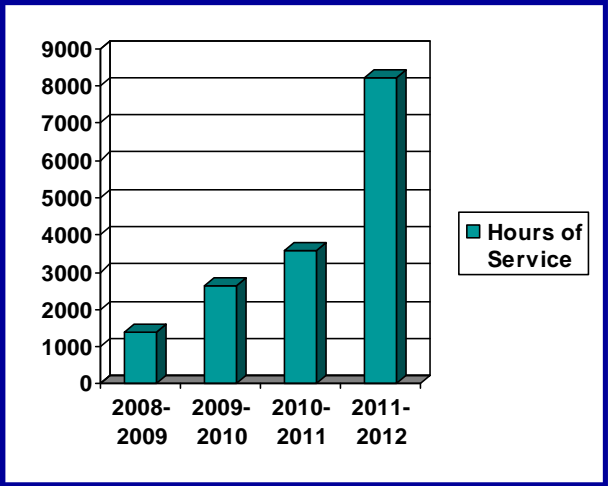


COMMUNITY CONNECTIONS is a Plumas County Time Bank where Members earn time credits by exchanging services with each other. One hour of service equals one time credit—all Members and services are equal.

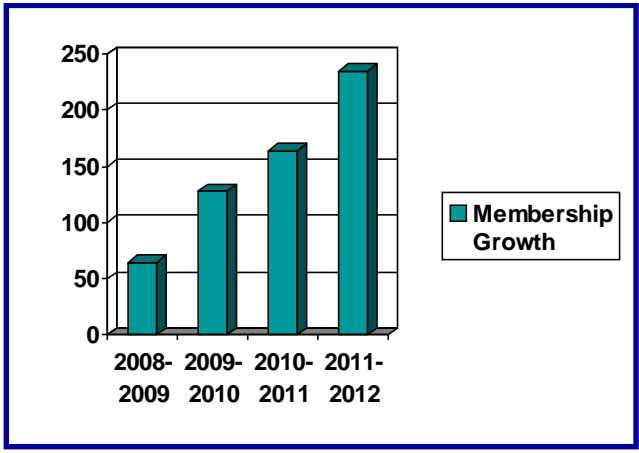
In addition to exchanging services with each other, Members have the opportunity to support community businesses and service organizations. Every Sponsor offers a variety of special events and activities where Members can participate.



Everyone can do something and every hour makes a difference to someone else.

Never doubt that a small group of thoughtful committed citizens can change the world...indeed it's the only thing that ever has.
~Margaret Mead

Revised December 2012



Many people are already very busy and volunteer their time for a variety of activities. Now you can earn time credits for what you are already doing!

People helping people is how healthy communities are built.

COMMUNITY CONNECTIONS Members choose which activities they want to provide and when. There is never a requirement to do something you don't enjoy.

For more information

www.plumasruralservices.org
On-line registration is available!

530-283-3611 *818

communityconnections
@plumasruralservices.org
Leslie Wall, Coordinator




COMMUNITY CONNECTIONS...
it's about TIME



586 Jackson Street
Quincy, CA 95971
530-283-3611 *818
1-800-284-3340

Leslie Wall, Coordinator
communityconnections
@plumasruralservices.org
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Our Mission:

To connect people, strengthen families and build communities through the exchange of services.

Our Core Values:

ASSETS

We all have assets. The real wealth of a community is its people. Every person, regardless of their age, income level, or education is valuable and has something to offer to others.

RECIPROCITY

The impulse to give back is universal. We replace all one-way acts of helping with two-way transactions, so that “you need me” becomes “we need each other.”

REDEFINING WORK

Work is redefined to include whatever it takes to rear healthy children, preserve healthy families, make neighborhoods safe and vibrant, and care for the frail and vulnerable.

SOCIAL CAPITAL

People require a social network that is as essential as roads, bridges and utility lines. Social networks require ongoing investments of individual time and talents.

We are all unique...but equal.

WHAT CAN YOU DO?

Arts/Crafts

Scrapbooking
Drawing/Painting
Knitting, Crochet, Embroidery
Sewing, Mending, Alterations

Babysitting

Business Services

Bookkeeping
Typing/Graphic Design
Filing/Photo Copying/Fax

Computer/Internet Assistance

Cooking

Cake Decorating
Meal Planning/Grocery Shopping
Meal Delivery

Gardening

Planning/Planting
Weeding/Watering
Composting/Harvesting

Healthy Lifestyles

Yoga/Massage
Relaxation/Meditation
Nutrition Guidance/Herbs

Home Maintenance

Yard Care
Handyman Services
Basic Plumbing/Electrical
Painting/Wallpapering
Construction Projects (small)

Pet Care

Sitting/Feeding/Walking
Grooming/Training

Recreation

Walking/Hiking/Biking
Fly Tying
Music/Dance

Transportation

Appointments
School Field Trips
Pick-up/Delivery

**THERE ARE MORE
THAN 400 SERVICES
AVAILABLE!**

MEMBERSHIPS

COMMUNITY CONNECTIONS
is for everyone!

JR MEMBERSHIP—FREE

For individuals under the age of 18
(parental permission is required)

INDIVIDUAL MEMBERSHIP—\$20.00*

For individuals over the age of 18
RENEWAL: \$10.00 annually

SPONSORSHIP—\$100.00

For businesses, organizations or groups who would like to receive services from Members.
RENEWAL: \$100 annually

DONOR

For individuals or businesses who would like to support *COMMUNITY CONNECTIONS* by making a donation.
All donations are tax deductible.

SCHOLARSHIPS

For individuals who would like to become Members and can not afford the membership fee.
A brief application process is required.

**All Members over the age of 18 will receive a background check prior to exchanging services.*

*Sometimes the greatest gift you
can give another is to feel needed
and appreciated.*