



2020

Child Care News

Child Care Resource & Referral

www.plumasruralservices.org

How many licensed Family Child Care homes do we have in Plumas County?

- Quincy 13
- Chester 6
- Portola 3
- Indian Valley 5
- Almanor Peninsula 1

How many Centers do we have in Plumas County?

- Quincy 4
- Chester 1
- Greenville 1
- Portola 5

Congratulations to Lexy O'Malley. Lexy received her family child care license in November and is located in the Quincy area.

The Centers for Disease Control and Prevention has put together some amazing and useful information

Please visit www.cdc.gov/ActEarly

The journey of a child's early years includes many developmental milestones for how he or she plays, learns, speaks, acts and moves. Not reaching some of these milestones or reaching them much later than other children could be a sign of a developmental delay. Please share this important website with parents and guardians of children in your care. You can make a difference in the early intervention of a child.

At the website you will find free tools that you can order or print to track milestones and engage families.

CDC has an app for you to use and share with the parents and guardians of children you provide care for [Download CDC's FREE Milestone Tracker App](#).

Milestones matter! Track your child's milestones from age two months to five years with CDC's easy-to-use illustrated checklists; get tips from CDC encouraging your child's development; and find out what to do if you are ever concerned about how your child is developing.

- Add a Child—enter personalized information about your child or add multiple children.
- Milestone Tracker- track your child's developmental progress by looking for important milestones using an interactive, illustrated checklist.
- Milestone Photos and Videos- know what each milestone looks like so that you can better identify them in your own child.
- Tips and Activities- support your child's development at every age.
- When to Act Early- know when it's time to act early and talk with your child's doctor about developmental concerns.
- Appointments- keep track of your child's doctors' appointments and get reminders about recommended developmental screenings.
- Milestone Summary- get a summary of your child's doctor and other important care providers.

Reminder

The toy shed is available for you!

Games, musical instruments, tunnels, Hoola Hoops, blocks, puzzles and many more items. Monthly check outs. Call and make an appointment to come on in.

Have you obtained your Registry Number?

www.caregistry.org

The California Early Care and Workforce Registry is a web-based-system to track providers' and teachers' training and education accomplishments.

Upcoming Dates and Events

Winter Scavenger Hunt

Walk the kids around the neighborhood and look for leaves in their many different colors, acorns, feathers and twigs. Return and glue their finds on a piece of paper for a beautiful winter piece of art.

- March 7 High Sierra Parent Conference
- April 25 Trauma and Mindfulness Workshop featuring Julie Hatzell and Leslie Wall
- May 8 Provider Appreciation Day
- May 16 Children's Fair Quincy

Please call Debbie Guy 530-283-4453

ex 824 for more information

