

MARCH 2019

Mohawk Community Resource Center
8989 Highway 89 (P.O. Box 243), Blairsden, CA 96103
(530) 836-0446



www.plumasruralservices.org/mcrc
mcrc@plumasruralservices.org

Sun	Mon	Tue	Wed	Thu	Fri	Sat
24 Sisters in Recovery 12-step AA WM 3:30-4:30pm	25 Qi Gong 4pm	26 Flex & Stretch 8am S-A-T 9am Pilates 10am	27 Lunch & Social 12pm Rental GCSD 4:30pm	28 Line Dance 10-12 pm Tai Chi 2pm Intro Tai Chi 3:15pm	1 Pilates 8am & 10am S-A-T 9am Cards 12:30-4	2 Alex Tech & Movement 10:30—12:00 Rental Canvas for Cause 1:00- 4:00
3 Sisters in Recovery 12-step AA WM 3:30-4:30pm	4 Qi Gong 4pm	5 Pilates 8am & 10am S-A-T 9am Rental MVCD 5:00pm	6 MCRC Adv Bd Mtg 9am Lunch & Social 12pm Rental Plumas Eureka HOA 2:30-4:30	7 Line Dance 10-12pm Tai Chi 2pm Intro Tai Chi 3:15pm	8 Flex & Stretch 8am S-A-T 9am Pilates 10am Cards 12:30-4	9 Alexander Technique & Movement Arts 10:30—12:00
10 Sisters in Recovery 12-step AA WM 3:30-4:30pm	11 Rental EPCAN 11:30am Art Install 1-2:30 Qi Gong 4pm	12 Flex & Stretch 8am S-A-T 9am Pilates 10am	13 Lunch & Social 12pm	14 Line Dance 10-12pm CANCELLED Tai Chi 2pm Intro Tai Chi 3:15pm	15 Pilates 8 am & 10am S-A-T 9am Pilates 10am Cards 12:30-4	16
17 Sisters in Recovery 12-step AA WM 3:30-4:30pm	18 Qi Gong 4pm	19 Pilates 8am & 10am S-A-T 9am	20 Lunch & Social 12pm	21 Line Dance 10-12pm Tai Chi 2pm Intro Tai Chi 3:15pm	22 Flex & Stretch 8am S-A-T 9am Pilates 10am Cards 12:30-4	23 Personal Safety Class 10:30—2:30
24/31 Sisters in Recovery 12-step AA WM 3:30-4:30pm	25 Qi Gong 4pm	26 Flex & Stretch 8am S-A-T 9am Pilates 10 am	27 Lunch & Social 12pm Rental GCSD 4:30pm	28 Line Dance 10-12pm Tai Chi 2pm Intro Tai Chi 3:15pm	29 Pilates 8am & 10am S-A-T 9am Pilates 10am Cards 12:30-4	30 Spaghetti Dinner 5:00 and 7:00

Center hours: Monday, Wednesday, Thursday, Friday: 10am-2pm, Tuesday: 10am-1pm (Center is open for public programs/classes as scheduled)