

CEUs Available



# safeTALK

## Make A Connection Help Save a Life

Suicide is preventable. Anyone can make a difference.

\$75 Value

**FREE** safeTALK Workshops

<p><b>Aug 28, 2019</b></p> <p><b>9:00am-12:30pm</b></p> <p><b>Chester Wellness Center</b>  <b>372 Main St.</b>  <b>Chester CA</b></p>	<p><b>Sep 5, 2019</b></p> <p><b>9:00am-12:30pm</b></p> <p><b>Greenville Wellness Center</b>  <b>414 Main St.</b>  <b>Greenville CA</b></p>	<p><b>Sep 10, 2019</b></p> <p><b>9:00am-12:30pm</b></p> <p><b>Eastern Plumas Health Care</b>  <b>Education Center</b>  <b>500 1st Ave. Portola CA</b></p>
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**Register online:** [www.plumasruralservices.org/safetalk](http://www.plumasruralservices.org/safetalk)

- ◆ Half-day training on suicide alertness skills
- ◆ Learn four basic steps to create a life-saving connection
- ◆ Widely used by professionals and the general public

### safeTALK works

Studies show that participants gain confidence:

- Asking people about suicide directly
- Connecting them to life-saving resources
- Keeping them safe until those resources take over

**Learn more about safeTALK and see the evidence at [www.livingworks.net/evidence](http://www.livingworks.net/evidence)**

**For more details contact:**

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