

CEUs Available



safeTALK

\$75 Value

Make A Connection Help Save a Life

FREE safeTALK Workshop

Suicide is preventable. Anyone can make a difference.

Workshop Schedule 2020

September 24th

Quincy

9:00am - 12:30pm

**CLF Church, 317 1st St.
(East Quincy)**

November 4th

Chester

11:30am - 3:30pm

**Chester Wellness Center
372 Main St.**

Register online: www.plumasruralservices.org/safetalk

- ◆ Half-day training on suicide alertness skills
- ◆ Learn four basic steps to create a life-saving connection
- ◆ Widely used by professionals and the general public

safeTALK works

Studies show that participants gain confidence:

- Asking people about suicide directly
- Connecting them to life-saving resources
- Keeping them safe until those resources take

**Learn more about safeTALK and
see the evidence at**

<https://www.livingworks.net/evidence>

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