

April & May 2020



Nutrition News

WIC and the Covid-19 Virus

WIC is taking precautions to protect the safety of our clients and staff.

To prevent exposure to COVID-19, we ask all clients to please stay home.

We will provide services over the phone until further notice.

Please call 530-283-4093 for guidance or to reschedule your appointment.

Please remember to:

Wash your hands or use hand sanitizer.

Cover your coughs/sneezes and dispose of tissues immediately.

Avoid others who are ill.

If you have a fever with a cough, trouble breathing, lower respiratory symptoms and any kind of risk factor, please call your physician or clinic. Call before visiting a hospital.

WIC Office: 711 E. Main St. Quincy
530-283-4093



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Any Questions? Ask Your WIC Staff

Katy Dyr, R.D. - Program Manager
Carmen Lopez - Nutrition Educator
Pamela Nixon - Nutrition Assistant
Debbie Jones - Nutrition Assistant

**Please follow the
guidance from our State
and local governments.**

